WisebiteNutrition™

REFERRAL FOR NUTRITION SERVICES

Name: _____ DOB: _____

Telephone: [C] _____ [H] _____

Address: _____

Patient insurance policy: _____ Email address: _____

Please fax the most recent and relevant clinical information, physician notes, labs, etc. such as HbA1C, lipid profile, BP, growth curves, allergy panel, and current medications.

Suggested nutrition prescription: Check ALL that apply

☐ **Anti-inflammatory [general health, heart health, cancer prevention, weight control]** ☐ **Low-glycemic** ☐ **Plant-based vegan** ☐ **Low-FODMAP**

Additional considerations: ☐ **Low-histamine** ☐ **Gluten-free** ☐ **Dairy-free** ☐ **Nut-free** **Other:** _____

Clinical information: Check ALL that apply

Diabetes/Endocrine:

- ☐ E11.9 Diabetes, Type 2
- ☐ E10.9 Diabetes, Type 1
- ☐ O24.219 Gestational Diabetes
- ☐ R73.09 Abn bld glu/ pre-diabetes
- ☐ E16.2 Hypoglycemia, unspec.

Other diabetes diagnosis (specify) _____

- ☐ E03.9 Hypothyroid (acquired)

Lipid/Cardiovascular:

- ☐ E78.0 Hypercholesterolemia
- ☐ E78.1 Hypertriglyceridemia
- ☐ E78.5 Hyperlipidemia, unspec.
- ☐ I10 Hypertension, unspec.
- ☐ I25.10 Cardiovascular disease
- ☐ Other cardiovascular diagnosis (specify) _____

Pregnancy:

- ☐ 099.210 Obesity complicating pregnancy UNSPECIFIED trimester
- ☐ 099.211 Obesity complicating... First trimester
- ☐ 099.212 Obesity complicating... Second trimester
- ☐ 099.213 Obesity complicating... Third trimester

Hypertension complicating pregnancy:

- ☐ 016.9 Hypertension complicating pregnancy UNSPECIFIED trimester
- ☐ 016.1 Hypertension complicating .... First trimester
- ☐ 016.2 Hypertension complicating ..... Second trimester
- ☐ 016.3 Hypertension complicating ..... Third trimester
- ☐ 013.9 Hypertension complicating... GESTIONAL PREGNANCY INDUCED UNSPECIFIED

MISC. GENERAL

- ☐ A69.20 Lyme disease

Basic Nutrition:

- ☐ Z71.3 Nutr Counseling, surveillance
- ☐ 099.810 Pregnancy-Glucose

Weight Control

- ☐ E66.9 Obesity, unspec. (BMI 30-39.9)
- ☐ E 66.0 Obesity, morbid (BMI ≥ 40)
- ☐ E66.3 Overweight (BMI 25-29.9)

Renal:

- ☐ N18.1 CKD (stage I)
- ☐ N18.2 CKD (stage II)
- ☐ N18.3 CKD (stage III)
- ☐ N18.4 CKD (stage IV)
- ☐ N18.5 CKD (stage V)
- ☐ N18.9 ESRD requiring chronic dialysis

Other renal Diagnosis: _____

Misc. Women:

- ☐ E28.2 PCOS- Polycystic ovary(ies)
- ☐ Z78.0 Menopause (asymptomatic)
- ☐ O92.3 Lactation-Failed production
- ☐ O92.4 Lactation- Partial production

Gastrointestinal/Liver:

- ☐ K50.90 Regional enteritis (Crohn's)
- ☐ K51.90 Ulcerative Colitis
- ☐ K90.0 Celiac Disease
- ☐ K57.90 Diverticulosis
- ☐ K57.92 Diverticulitis
- ☐ K74.60 Nonalcoholic Cirrhosis
- ☐ K76.9 Unspec. Chronic Liver Disease
- ☐ K76.0 Nonalcoholic Fatty Liver
- ☐ K21.9 Reflux/GERD
- ☐ K74.69 Cirrhosis - Nutritional
- ☐ K58.9 Irritable Bowel
- ☐ K58.0 Irritable Bowel w/diarrhea

Other GI Diagnosis: _____

Malnutrition and Allergy:

- ☐ E46 Malnutrition, unspec.
- ☐ R6251 Failure to Thrive - Child
- ☐ T781.XXA Food Allergy- Initial visit
- ☐ T781.XXD Food Allergy- Subs. visit
- ☐ T781.XXS Food Allergy - Sequela
- ☐ E73.9 Lactose Intolerance

Other: _____

Other diagnoses: _____ _____ _____

Physician name: _____ NPI #: _____

Telephone: _____ Fax: _____

Physician signature **REQUIRED**: _____ Date: _____

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